

Class Prices



Try Us First £20 for any two taster classes. Then decide if you want to join. Choose the option below that best suits your needs.

One-off joining fee - £60. Any one of the concessions below may be applied:

25% off	If you join immediately after your first or second taster class		£45
50% Discount to:	Pre-natal members	Pre-natal classes and post natal courses	£30 (To upgrade to full membership - £15)
	Post-natal members	6 month membership	
	Temporary members	6 month membership	
66% Discount to:	Under 25s	Classes cost £10 per class or £60 for a 6 class pass	£20
	Over 60s	Prices below apply – contact us for other concessions	
	Family members	For Partner/Spouse &/or children. Prices below apply	

How often do you want to come?		Per class		
Pay As You Go – per Class				
When you can...	Single class	Yoga Pilates	£18.50 £16.50	Pre-book to guarantee your space NB. – Under 25s pay £10 per class
	Six class pass	Yoga £94 Pilates £86 Combi £90	£15.67 £14.33 £15.00	Free extra class if pass is used within a month. Book up to a week in advance. Valid for three months. Before expiry, this pass can be extended for another month for £5.
Cancellation:		Full fee is payable for no-show or same-day cancellation for Pay As You Go		
Pay in Advance – for a Term, Month, a Year or a Course				
Weekly -For 2 pre-natal classes per week **	One a week for the term	Yoga Pilates	£14.00 £13.00	Pre-book for the same class, or book any class you like week by week £10 for a second class
Monthly (excludes pre-natal classes)	Limited to 12 classes	£98	Under £8.20	Pre-book 2 set classes per week and week by week for any others*
	Unlimited	£110	Under £7.20	Pre-book up to 5 set classes per week and from week by week for any others*
Annual	Annual	£995 or £95 per month	Under £6.00	Pre-book up to 2 classes for the term and from week by week for any others *
Six week course - 1 class per week	Post-natal course	£78	£13	First course is open to non-members
* For booking conditions see timetable ** Please ask Reception for rates for 2+ pre-natal classes/wk				

One to One Sessions				
Private session	Yoga	£60*	1 hr-1hr 15min	A personal programme tailored to suit you. For members and non-members. One or two persons. *Fee varies with some teachers.
	Pilates	£55	1hr	
	1-2-2: Yoga	£70; Pilates	£65	

For advice on membership or classes, phone Karin or Maya on 0208 399 3930.